

"IT DOESN'T PREVENT HIM  
FROM PLAYING FOOTBALL,  
TENNIS, IT LETS HIM DO  
MORE THINGS"



**FresuCare**  
caring at home

## MATY'S STORY

**Maty's Mother:** Enteral Nutrition allows us to give a little boost and alleviate mealtimes. Because it's always very long and difficult for him.

He went from 18 kg to 24 kg in several weeks! After that it normalised. He is now able to say today "I'm less hungry, I'm eating a bit less, because I know I have the button which helps me".

This helps him to have the energy to do sports, to have good health practices, it helps him a lot with his illness.



**Age of patient**  
10 years



**Reason for home artificial nutrition**  
Digestion problems due to Cystic Fibrosis



**Type of Therapy**  
Enteral Nutrition



**Length of time of treatment**  
2 years



# MATY'S STORY

## BRIEF STORY ABOUT EXPERIENCE ON HOME ARTIFICIAL NUTRITION

The shakes have helped him already and continue to help him. And when he isn't hungry, things still go well. He takes them every 4 hours; they're his little extra meal. At 6 PM he eats his evening meal, tube feeding is done in the evening at 8 PM over a period of 2 and a half hours.

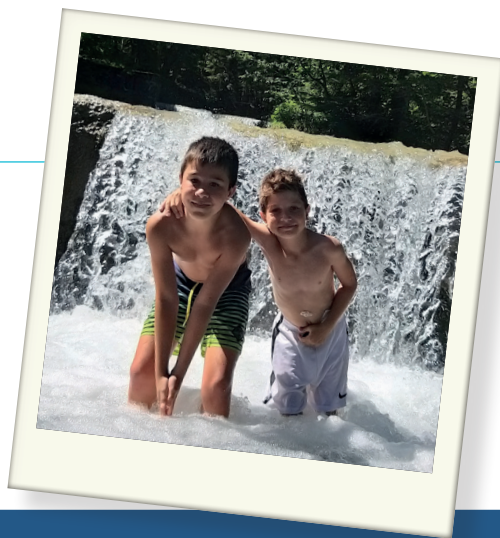
Things are going well at school. He showed them a book on gastrostomy, there are those who asked to see it. Having Enteral Nutrition doesn't change anything, it doesn't prevent him from playing football, tennis, it lets him do more things.

He already had the Fresubin shakes. When he was a baby, things were going well, he was moving less and since he's grown, he does a lot of sports, he's very active. He was no longer able to improve in terms of weight. So his weight stagnated for two years.

## DESCRIBE YOUR DAILY, WEEKLY ROUTINE INCLUDING HOBBIES AND ACTIVITIES:

**Maty's Mother:** He is home every evening, but we adjust with sports. But if not, at 5:15 PM at home, we start care for the Cystic Fibrosis and care for feeding. We have a rather pronounced pace of care. Tennis 1-2/week, 2x/week football, climbing with his uncle.

This year we requested for 2 afternoons of school at home so that he can do 1 hour of study and two hours of sports; this frees up time in the evening. Climbing is developing all of his muscles.



## WHAT ADVICE WOULD THE PATIENT GIVE TO NEW PATIENTS?

**Maty's Mother:** I would say to another child that I've experienced this and that nothing's going to go wrong. He/she has no need to be afraid and I can show him/her my button.

Mother asks Matys "What do you call your button? Glutton"

## FEEDBACK

**Maty's Mother:** Very, very happy. It's important for me to be able to do everything by phone, to be able to work together. I am always satisfied with the service and also the deliveries.

As for the orders, I like this telephone contact, it also lets me know if there's anything new. Computers are too abstract for me.

## WHAT IS THE BEST THING ABOUT THE HOMECARE SERVICE?

**Maty's Mother:** The availability and the attention.